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## ***In-Room Spa Services***

Complete spa treatments in the privacy of your own guestroom by Victoria Spa Services.

Contact our Concierge or Front Desk to book your Spa Treatment..

Treat yourself to deep relaxation and sense of well-being—calming the mind; body and soul..



8:00 am to 8:00 pm

24 hour notice is suggested.

Appointments are subject to availability.

**\*\* 24 hour cancellation policy \*\***  
(any cancellations within 24 hours are subject to a cancellation fee) .

Prices & treatments subject to change.

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## ***Dalton Hotel & Suites and Victoria Spa Services***

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### *In-Room Spa Treatments*



## ***Dalton Hotel & Suites and Victoria Spa Services***

759 Yates Street  
Victoria, BC V8W 1L6  
Phone: 250.384.4136  
Fax: 250.382.6416  
Toll Free: 1.800.663.6101  
[www.daltonhotel.ca](http://www.daltonhotel.ca)

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## Spa Packages

- Herbal Signature Retreat (3.5 hrs)**                     \$280.00  
Treatment begins with a herbal mud wrap, a 1.5 hr Swedish massage then finishing with a 1 hr Aromatherapy Facial Massage.
- Retreat for Women (3 hrs)**                             \$235.00  
Begin with a 1 hr Swedish massage, full body exfoliation with Sea Salt, shower with essential oils, 1.5 hr Facial and application of body milk.
- Retreat for Men (3 hrs)**                                 \$235.00  
Begin with a 1.5 hr Sports massage, Back Facial, shower with essential oils and finishing with a Sports Pedicure.
- Westcoast Retreat (3.5 hrs)**                             \$260.00  
Treatment begins with a soak in a Herbal Mud bath, followed by a 1.5 hr Westcoast Hot Rock massage and finishing with a 1 hr Aromatherapy Facial massage.
- Bridal Package (4.5 hrs)**                                 \$345.00  
Treatment begins with our Oceanic Wellness Glow, consisting of a 1 hr Swedish massage, full body exfoliation with Sea Salt, followed by a shower with essential oils, a 1 hr Mini Facial, finishing with a Spa Manicure & Pedicure.
- Bridesmaid Package (3.5 hrs)**                         \$250.00  
Treatment begins with our Oceanic Wellness Glow, consisting of a 1 hr Swedish massage, full body exfoliation with Sea Salt followed by a shower with essential oils, finishing with a Spa Manicure & Pedicure.
- Sports Package (2.5 hrs)**                                 \$160.00  
Treatment begins with a Herbal Mud Soak to alleviate sore, aching muscles finishing with a 1.5 hr Sports massage.
- Expectant Mothers Package (3 hrs)**                     \$185.00  
Treatment begins with a 1 hr Aromatherapy Facial massage followed by our Spa Manicure & Pedicure
- Westcoast Soak (2.5 hrs)**                                 \$180.00  
Treatment begins with a soak in a Herbal Mud bath, a 1 hr Swedish Massage, a full body exfoliation with Sea Salt, followed by a shower with essential oils and finishing with an application of body milk. A wonderful spa experience where you will feel relaxed & your skin will feel revitalized & hydrated.
- Couple's Package (2.5 hrs)**                             \$185.00 pp  
Treatment begins with a 1.5 hr Swedish Massage finishing with a 1 hr Aromatherapy Facial massage.

**Signature Facial (1.5 hrs)**                             \$120.00  
An all natural, deep cleansing, hydrating facial, dramatically re-newing skin's firmness and elasticity. Facial includes 3 facial masks, extractions & neck/shoulder massage.

**Mini Facial (1 hr)**   \$99.00  
All natural, deep cleansing, hydrating facial, including 2 masks and neck/shoulder massage (no extractions).

**Spa Manicure (1 hr)**                                     \$60.00  
**Spa Pedicure (1 hr)**                                     \$80.00  
**Spa Manicure & Pedicure (2 hrs)**                     \$130.00  
Treatment begins with warm soak with softening creams followed by cuticle treatment repair, dead skin removal & finishing with a relaxation massage & application of polish.

**Spa Pedicure with Reflexology (2 hrs)**             \$160.00  
Pedicure with complete foot massage using a firm pressure point massage to unlock your body's tension points.

**Oceanic Wellness Glow(1.5 hrs)**                     \$155.00  
Treatment begins with a 1 hr Swedish massage followed by an all over body exfoliation using Sea Salt, shower with essential oils and finishing with an application of body milk.

**Wellness Bronzing (1.25 hr)**                         \$115.00  
Sea salt exfoliation followed by a shower with essential oils, steam towels and an application of self tanning lotion.

**Herbal Wrap (2 hrs)**                                     \$180.00  
Full body exfoliation, application of herbal mud, followed by a shower with essential oils. Finishing with a 1 hr Swedish massage & application of body milk.

### **Aromatherapy Blends**

Enhance any of our Spa Treatments with an Aromatherapy Massage Oil Blend.

Each blend consists of a variety of essential oils and has a lasting effect of up to 72 hrs.

*An additional \$10 per treatment*

#### **Blends:**

**Sore Muscle Blend**  
(rosemary, clove, basil, marjoram, peppermint)

**Anxiety Blend**  
(bergamot, neroli, rose, lavender)

**Stress Blend**  
(clary sage, lavender, mandarin, ylang ylang)

**Detox Blend**  
(peppermint, ginger, fennel, cypress)

**West Coast Back Facial (1.5 hrs)**                     \$165.00  
Treatment begins with a 1 hr Sports massage, followed by Sea Salt exfoliation, an application of herbal mud for detoxifying; extractions; steam towels & finishing with an application of body milk.

**Reflexology (1 hr)**   \$105.00  
Firm pressure point massage on feet, hands, scalp & ears, restoring the flow of energy throughout the body.

**Aromatherapy Facial Massage (1 hr)**                 \$105.00  
**Aromatherapy Facial Massage (1.5 hrs)**             \$135.00  
Treatment begins with a relaxation foot massage, followed by a unique deep cleansing facial massage using citrus essential oils with steam towels. Finished with arm, hand, neck, shoulder & scalp massage.

**Sports Massage (1 hr)**                                     \$105.00  
**Sports Massage (1.5 hrs)**                                 \$135.00  
**Sports Massage (2 hrs)**                                 \$170.00  
Deep tissue massage unlocking tension & stress held in the body. Pressure of massage at clients preference.

**Swedish Massage (1 hr)**                                 \$95.00  
**Swedish Massage (1.5 hrs)**                             \$125.00  
**Swedish Massage (2 hrs)**                             \$160.00  
Medium pressure massage releasing trapped emotional issues to create overall relaxation, health & well-being.

**West Coast Hot Rock Massage (1.5 hrs)**             \$155.00  
**West Coast Hot Rock Massage (2 hrs)**             \$195.00  
Basalt stones massaged smoothly along the body with warm oils, creating a deep dimension of relaxation and well-being. Pressure of massage at clients preference.

**Raindrop Therapy Massage (1 hr)**                     \$105.00  
**Raindrop Therapy Massage (1.5 hrs)**                 \$135.00  
**Raindrop Therapy Massage (2 hrs)**                 \$170.00  
A relaxation Swedish massage using a variety of 9 essential oils applied using a raindrop technique up & down the body. Balances & aligns energy centres.

**West Coast Scalp Massage (1 hr)**                     \$110.00  
**West Coast Scalp Massage (1.5 hrs)**                 \$145.00  
Treatment begins with a hot stone foot massage breaking down the congestion we hold in our feet; followed by a relaxation scalp, neck & shoulder massage using warm stones & hot oil. Finished with a facial massage with warm softening creams.

Available 8:00am to 8:00pm—24 hour notice is suggested.

24 hour cancellation policy—any cancellations within 24 hours are subject to a fee.

Prices & treatments are subject to change.